



Government Policy for Health Prevention

Measuring Progress and Impacts



Presentation to the Canadian Network for Health in All Policies

by D^r Horacio Arruda

Assistant Deputy Minister

Health Promotion and Prevention

Québec Department of Health and Social Services

September 20, 2023

Votre
gouvernement



Québec 

Presentation outline



**Government Policy for
Health Prevention**

A concerted project to improve
population's health and quality of life

1. The Government Policy for Health Prevention
2. Measuring Progress and Impacts:
 1. Evaluative study of intersectoral governance 2018-2021
 2. Evaluation of the Intersectoral Action Plans

1. The Government Policy for Health Prevention.....

9 ambitious targets



Increase to **80 %** the proportion of **children who start school without** vulnerability factors



Increase by **20 %** the proportion of **12 to 17 year old** who are **active** during leisure and travel time



Achieve a **high level of emotional and psychosocial wellbeing** in at least **80 %** of the population



Achieve a minimum consumption of **5 fruits and vegetables every day**, in more than half of the population.



Ensure that **90%** of **municipalities** with 1,000 or more inhabitants adopt measures for developing **communities that promote safety, sustainable mobility, healthy living and a high quality of life**



Reduce to **10%** the proportion of **smokers**



Increase by **18%** the number of seniors receiving **home support services**



Reduce by 10 % the gap in **premature mortality** between the most socioeconomically disadvantaged and the most advantaged



Increase the supply of affordable, social and community **housing** by **49 %**



**Government Policy for
Health Prevention**

A concerted project to improve
population's health and quality of life

2. Measuring Progress and Impacts

2.1 Evaluative Study of Intersectoral Governance of the Policy (2018-2021)

1. Conducted by an external university team of assessors (École nationale d'administration publique)
2. One of the objectives: Encourage discussion within the public administration about the conditions for successful governance of interdepartmental policies
3. Literature review
4. Consultation of more than 100 persons in the public administration

2.1 Evaluative Study of Intersectoral Governance of the Policy (2018-2021)

Success Conditions

- ✓ Clear distribution of roles and responsibilities of the actors involved;
- ✓ Open communication between stakeholders;
- ✓ Expectations (actions, timetables) stated in concrete terms;
- ✓ Shared vision and goals.

2.2. Evaluation of the Intersectoral Action Plans

1st Action Plan: specific evaluations of 6 actions

Result examples:

2.2 - Regional intersectoral tables on healthy lifestyle habits (TIR-SHV):

- Resources dedicated to the regional coordination of TIR-SHV are necessary for the development and maintenance of intersectoral collaborations.

2.6 – Health Impact Assessment (HIA) (outcomes):

- Increased knowledge of:
 - the processes and objectives of the HIA;
 - the determinants of health and social health inequalities;
 - the impacts of municipal decisions on the health and well-being of citizens.

2.2. Evaluation of the Intersectoral Action Plans

2nd Action Plan – Planned assessments:

- Evaluative assessment of the first two years
- Specific evaluations of 7 actions
- Identified indicators and annual reporting for each of the 100 actions
- Indicators identified and monitored for the 9 targets, at the end of the 2nd action plan

Lessons Learned from the 1st Action Plan...

... Applied to the 2nd Action Plan

- Commitment and collaboration between the various ministries = Key to increasing the scope of actions
- Leadership from the Ministry of Health is essential
- Open and transparent communication between partners to establish trust
- Flexible criteria for fund allocation to the regions
- Creation of new alliances

Conclusion

A few challenges

- Demonstrate the effects on the health of the population
- Make the Governmental Policy for Health Prevention and its achievements better known
- Ensure recurring and adequate financing



Thank you!

preventionsante@msss.gouv.qc.ca

Policy Coordination and Support Office

preventionsante@msss.gouv.qc.ca

Subscribe to the Policy Newsletter

<https://www.msss.gouv.qc.ca/abonnement/?l=pgps>

Web Site

www.msss.gouv.qc.ca/ministere/politique-prevention-sante/